Southern Selects

Blueberries



We are proud to offer our fresh blueberries at their peak of flavor, all year-round! We source our berries from all over the Americas, to ensure availability during any time of the year. The entire family can enjoy blueberries—as a snack, on cereals, in fruit salads, drinks and desserts. Our versatile blueberries can be enjoyed in sweet or savory dishes since they offer a perfect balance of flavor between tart and sweet.

The USDA has shown blueberries ranking very high in antioxidants, compared to 40 other fruits and vegetables. This "super fruit" can be beneficial in preventing cancer, improving memory, lowering cholesterol, promoting iron absorption and a healthy immune system. Just one handful of blueberries satisfies the full fiber requirement.



Availability

Jan.-Mar. (Chile/CH)

Mar.-July (USA)

July-Sept. (British Columbia/BC)

Sept.-Oct. (Peru/PE)

Sept.-Nov. (Argentina/AR)

Storage & Handling

Warehouse Temperature:

34° F



COUNTRY OF ORIGIN	PACK SIZE	UNITS/ BOX	UPC	NET WEIGHT	SHIP WEIGHT	TIERS	CASES/ TIER	CASES/ PALLET
AR, BC, CH, USA, PE	6 oz. clam	12	6 31203 22128 4	4.5 lbs.	4.5 lbs.	15	12	240
	I pint clam	12	6 31203 22129 1	9 lbs.	9 lbs.	12	12	144
	18 oz. clam	8	6 31203 22031 7	9 lbs.	9 lbs.	12	12	144

