

Let's grow something special.



Southern Selects

Formosa Papaya



Slice open our Southern Selects Formosa Papayas to reveal intense orange colors of the tropics mixed with the most delicious mild melon-like flavors. This versatile fruit creates excitement on the buffet table when the cavity is scooped out and filled in with other fruits, and is excellent for breakfast salad, smoothies, and desserts. The shiny black seeds are edible and make a beautiful garnish for salads. Papayas are also a perfect partner for meat, poultry or fish. They contain enzyme, papain, which is one of nature's best tenderizer. Papain is an excellent digestive aid, as well as anti-inflammatory, anti-parasitic and an analgesic.

Containing Vitamins A, C, E, and B-6, papayas are natural immune boosters and has been proven to protect the body from a variety of ailments. Papaya is a fat-free source of beneficial nutrients that is relatively low in sugar and is cholesterol-free.

Availability

Year-round

Storage & Handling

Warehouse Temperature:

50-55 °F; Humidity 80-85 °F

Sensitive to Ethylene

Ripening:

Store fruit at room temperature (above 70 °F) until it reaches the desire ripeness. Fruit may be ripe when it becomes ½ yellow/green. It should have some give when gently squeezed.

Ripe fruit may be stored in the refrigerator up to 3 days.



COUNTRY OF ORIGIN	PRODUCT	PACK SIZE	UPC/ PLU	NET WEIGHT	SHIP WEIGHT	TIERS	CASES/ TIER	CASES/ PALLET
Guatemala/ Mexico	Conventional	8 - 12 count	6 31203 60009 6/ 3112	33 lbs.	33 lbs.	9	6	54
	Organic	12 - 15 count		22-33 lbs.	22-33 lbs.	9	6	54



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