

Let's grow something special.



Southern Selects

Belgian Endive



Southern Selects Belgian endive is a fresh alternative to traditional leafy greens. By being deprived of sunlight, Belgian endive does not produce chlorophyll, and therefore remains white in color. It has a mildly bitter taste and packs a crunch in every bite! Enjoy them as stuffed grab-n-go appetizers, in salad blends, or braised. They are also a healthy, low-calorie substitute for a crunchy snack, such as chips and crackers. Southern Selects Belgian endive is high in antioxidants and is a good source of Vitamin A and an excellent source of Vitamin K.

Availability

Year-round

Storage & Handling

Warehouse temperature:

34-36 °F

Humidity: 95-100%

Do not mist



COUNTRY OF ORIGIN	PACK SIZE	UNITS/BOX	PLU /JPC	NET WEIGHT	SHIP WEIGHT	TIERS	CASES/TIER	CASES/PALLET
USA	7 lbs.	24	3395	7 lbs.	7 lbs.	5	24	120
	3 ct. mixed red/white	12	6 31203 21001 1	15 lbs.	15 lbs.	10	15	150



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